



Family Connect

Talk to someone who
has been there



For cancer information and support, call 13 11 20
www.cancervic.org.au



Family Connect

Talking to someone who has 'been there before' can help when you are supporting someone with cancer.

Our Family Connect free phone support program links family and friends with a trained volunteer who has an understanding of what you're going through and knows what it is like to be affected by cancer.

This free program offers an opportunity to:

- Receive practical tips, empathy and support over the phone
- Discuss concerns and challenges
- Gain a better understanding of what to expect.

All conversations are confidential. The program can be accessed from anywhere in Victoria.

Also available:

- **Cancer Connect.** One-to-one free phone support for people with cancer
- **Gene Connect.** One-to-one free phone support for people with a high genetic risk of developing cancer

“ I lost my mum to brain cancer and I remember feeling completely lost on what to expect throughout the journey. I found it hard to talk to friends. Their hearts were always in the right place, but it was hard to find the support I needed. Family Connect allows carers to feel listened to... ”

Jess, Family Connect volunteer.



**Cancer
Council**
Victoria

How do I find out more?

Call a cancer nurse on 13 11 20

For other languages call 13 14 50

Email askanurse@cancervic.org.au

Visit www.cancervic.org.au