

# For people with cancer, their families and friends

## The following support services may assist you



### Written Material

A range of information on cancer topics in different languages can be found at [www.cancervic.org.au](http://www.cancervic.org.au) or call the Cancer Council Helpline on **13 11 20** (English) and **13 14 50** (for information in your language) to have free information sent to you.

### Cancer Council Helpline

If you are a patient, family member or friend who speaks English, call the Cancer Council Helpline on **13 11 20**.

### Cancer information in your language

**Do you have questions about cancer?**

Confidentially talk to a cancer nurse from the Cancer Council.

**Our friendly cancer nurses can:**

- send you information about cancer.
- explain cancer tests and treatments in a way that is easy to understand.
- talk about how you are feeling, any fears or questions you may have.
- provide information about services that can be helpful including legal and financial assistance.



### Cancer Support Groups

Patients and family members are invited to attend support groups. Talk about your cancer experience in a friendly setting. There may be a group in your local area that speaks your language.



### Free information sessions

Information sessions on cancer are offered in English for patients and family. In some sessions, an interpreter can be requested. These sessions offer information about living with a cancer diagnosis.

### Multilingual Cancer Information Line

**Speak to a cancer nurse, with an interpreter.**

Call **13 14 50** for the cost of a local call (except from mobiles), Monday to Friday, 9 am - 5 pm and follow these steps:

- Say the language you need.
- Wait on the line for an interpreter (may take up to 3 minutes).
- Ask the interpreter to contact the Cancer Council Victoria Helpline 13 11 20.
- You will be connected to the interpreter and a cancer nurse.



### Cancer Connect

Cancer Connect is available to patients and families who would like to talk to someone who has been through a similar cancer experience. This may be offered in your language, or with the help of an interpreter.



### Telephone and Internet Support Groups

Cancer Council offers people with cancer and their families an opportunity to share cancer experiences and information with others over the telephone or Internet.

*“Talking to someone that was in a similar situation to myself made me feel less alone. It was very helpful.”*