

Expression of interest: Community Panel

What does dying well look like and how can we help people achieve this?



This is a two and a half day community panel to help better understand the consumer and carer's views on end-of-life and palliative care.

Most Australians would prefer to die at home surrounded by their family and friends. However only a small number of people do so. The Community Panel is being asked **What does dying well look like and how can we help people achieve this?**

When someone that you know is facing a serious illness, it is important to understand what support, care and choices they want and what they value. This helps them to prepare for end-of-life care. More than this, it can also help their families or friends to carry on with their everyday life.

North Western Melbourne Primary Health Network (NWMPHN) is seeking advice from people on how to improve end-of-life care experience for the community. NWMPHN is funded by the Australian Commonwealth Government to improve the health of people living in our region.

If you would like to be part of the Community Panel please register by midnight on Sunday 28 October at: deliberatelyengaging.com.au/dyingwell.

If you would like to know more about the Community Panel or need help to register please call Nivek Thompson on 0472 761 324.

For more information

Please see over page

VENUE

North Western Melbourne
Primary Health Network
Level 5, 369 Royal Pde,
Parkville, 3052

SCHEDULE

Tue

13

November

Meet and Greet Session
Tuesday 13 November 2018
Registration: 5:30pm
Program: 6:00pm - 9:00pm

Saturday

1

December

Day 1
Saturday 1 December 2018
Program: 9:00am - 5:00pm

Sunday

2

December

Day 2
Sunday 2 December 2018
Program: 9:00pm - 5:00pm

Meals will be provided

Participants receive a \$250 gift voucher for attending all three sessions.

Register your interest by
28 October, 2018

[Register online](#)

What does dying well look like and how can we help people achieve this?

Who can be part of the Community Panel?

We are seeking consumers and carers of any age. You do not need to have experience with receiving end-of-life care and/or providing palliative support for family members or friends. You can participate if you:

- are a consumer (sometimes known as patient or client) or
- are a carer (this includes family members, friends or volunteers)
- live at home (including in care homes or aged care facilities)
- live with chronic conditions or cancer or a life limiting illness
- live in the inner, northern and western regions of Melbourne.

The NWMPHN region includes the local government areas of: Melbourne, Maribyrnong, Brimbank, Moonee Valley, Moreland, Darebin, Yarra, Hobsons Bay, Hume, Melton, Wyndham, Moorabool and Macedon Ranges.

How does the Community Panel work?

From those who register an interest to participate, around 40 people will be randomly selected. This will ensure that a diverse range of views are represented on the Panel.

Panel members with different viewpoints will work together in a respectful manner and come to a shared position to the question on 'What does dying well look like and how can we help people achieve this?' Panel members will get to hear information and discuss issues in small groups. It will not be a typical public meeting format where loud voices dominate.

What happens with the Community Panel's recommendations?

The Community Panel's recommendations will be used to inform NWMPHN's future work. This will help plan and design better care and services to improve end-of-life care and palliative support for people living in our region. This will help improve the experience of end of life care for people who may be facing this, and also their families or friends involved in providing care.

This can also help more people to think early and better plan their choices if they are faced with the experience of end-of-life care.

Community Panel meetings

There are three sessions:

- Meet and Greet: Tuesday, 13 November 6pm-9pm
- Day 1: Saturday, 1 December 9am-5pm.
- Day 2: Sunday, 2 December 9am-5pm

Venue: The meetings will be held at NWMPHN, Level 5, 369 Royal Parade, Parkville Victoria 3052.

It is important that Community Panel members are available to attend all three meetings.

Meals will be provided.

Participants will receive a \$250 gift voucher in recognition of their time and to cover any costs associated with participating.

How do I register my interest?

If you would like to be part of the Community Panel please register by midnight on Sunday 28 October at deliberatelyengaging.com.au/dying-well/

If you would like to know more about the Community Panel or need help to register please call Nivek Thompson on 0472 761 324..

For more information

You can find out more about this project at nwmpnhn.org.au/news/new-funding-improve-palliative-care-melbournes-north-west and www.health.gov.au/internet/main/publishing.nsf/Content/greater-choice-home-palliative-care-measure-faq

For more information

nwmpnhn.org.au

Register by 28 October, 2018

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