



Cancer Connect

One-to-one free phone
support from someone
who's had a similar
experience



For information and support, call 13 11 20
www.cancervic.org.au



Cancer Connect

Many people who are diagnosed with cancer find it helpful to talk with someone who's 'been there before'.

Peer support programs like Cancer Connect provide a safe and easy way to get in touch with others who've had a similar experience. You'll be able to:

- Receive practical tips, empathy and support over the phone
- Discuss concerns and challenges
- Gain a better understanding of what to expect

You can arrange to speak with your Cancer Connect volunteer over the phone at a time that suits you. All conversations are confidential and the program is free.

Also available:

- **Gene Connect;** One-to-one free phone support for people with a high genetic risk of developing cancer
- **Family Connect;** One-to-one free phone support for family or friends looking after someone with cancer, and bereaved carers

"Unless you've actually had cancer, you can't really understand. I felt free to talk about stuff it felt awkward sharing with my partner or my doctor, and the volunteer just 'got it'. It's a different type of understanding."

Alison, Cancer Connect participant.



**Cancer
Council**
Victoria

How do I find out more?

Call a cancer nurse on 13 11 20

For other languages call 13 14 50

Email askanurse@cancervic.org.au

Visit www.cancervic.org.au