

It's time to have
a yarn about bowel cancer

**Finding it early
can save your life**



Jill Gallagher is a Gunditjmara woman and bowel cancer survivor

Bowel cancer doesn't always have warning signs. Lucky for me, my bowel cancer was found before it was too late.

If you're 50 or older, there's a simple test you can do at home to detect bowel cancer. Nearly all bowel cancers can be cured if found early.

Speak to your doctor or health worker today about the test, or if you notice any unusual changes to your toilet habits.

It could save your life.

Need advice or help about cancer?
We're here for all Victorians

Cancer Council Helpline 13 11 20
www.cancervic.org.au/boweltest