

RETAILERS

Eastern Metro

Name	Address	Suburb	Phone	Brands in stock	Order other brands	Stock minimum of 3 sizes and 3 shapes	Special fitting room	Home visits	Fitters
OPC Health <i>By appointment</i>	192 Canterbury Road	Blackburn	9681 9666	Trulife	NO	YES	YES	NO	Natalie Armstrong (appt only)
Dickory Dock <i>By appointment</i>	945 Burke Road	Camberwell	9882 1575 or 9882 3863 1800 338 904	Anita	NO	YES	YES	YES	Evie Goode (12 years experience) Barbara Edgely (10 years experience) Christine Schlipalius (8 years experience) Mary Tsartas (4 years experience) Chrissie Carlyle-Taylor (3 years experience) Joy Buchanan (1 years experience)
Femmeline Pty Ltd <i>By appointment</i>	14 Hewish Road	Croydon	9723 2414	Amoena Anita Trulife	NO	YES	YES	YES	Monica Gaynor (3 years experience) Ros Ralston (20 years experience) Netta McCubbin (15 years experience)
Myer Doncaster <i>By appointment</i>	Westfield Shopping Centre, Doncaster Road	Doncaster	8848 3100 Ext 212	Amoena	NO	YES <small>(with covered mirror)</small>	YES	YES	Lorraine Hitchcock (6 years experience) Fedora Vasarelli (1 year experience)
Essentially Woman – Home Fitting Service <i>By appointment</i>	PO Box 424	Greensborough	9434 1976 or 0400 677 407	Amoena Discrene Heather	NO	YES	YES	YES <small>mobile fitting service</small>	Judy Strates (15 years experience)
David Jones <i>By appointment</i>	The Glen Shopping Centre, 235 Springvale Road	Glen Waverley	9518 2999	Amoena	NO	YES	YES	NO	Nina Kate Ann
La Figure Lingerie	The Glen Shopping Centre, 235 Springvale Road	Glen Waverley	9887 8441	Amoena	YES	NO	YES	NO	Nina
Lavender Lace Lingerie <i>By appointment</i>	Unit 18, Vanity Court Arcade, 200 Thomas Street	Dandenong	9792 2734	Amoena Trulife ABC	YES	YES	YES	YES <small>Nursing homes or anywhere after hours</small>	Margaret Gunton (17 years experience)
La Figure Lingerie <i>By appointment</i>	Cnr Camberwell and Riversdale Roads	Hawthorn East	9882 1470	Amoena Discrene Heather	YES	YES	<small>(with covered mirror)</small> YES	NO	Judy Heffernan (9 years experience) Virginia Crean (5 years experience) Pat Bucella (10 years experience)
La Donna Lingerie	323 Main Street	Lilydale	9739 6667	Amoena	NO	YES	YES	YES if required	Robyn Williams

RETAILERS

Eastern Metro Continued

Name	Address	Suburb	Phone	Brands in stock	Order other brands	Stock minimum of 3 sizes and 3 shapes	Special fitting room	Home visits	Fitters
Nicole Lingerie <i>Prefer appointment</i>	97 Glenferrie Road	Malvern	9509 5559	Amoena	YES	NO	NO	NO	Nicole Ebaum (5 years experience) Marilyn Cohen (5 years experience)
Bras and Pants <i>Prefer appointment</i>	Shop 18 Prahran Central Cnr Commercial Rd & Chapel St	Prahran	9510 2979	Anita Soft Lite	NO	YES	NO	YES <small>if suitable time can be arranged</small>	Dinia Madnani (15 years experience)
David Jones	310 Bourke Street	Melbourne	9643 2370	Amoena	NO	YES	YES <small>(with covered mirror)</small>	NO	Margaret Pilgrim (7 years experience) Dora Nier (12 years experience)
Myer Melbourne <i>Prefer appointment</i>	314-336 Bourke Street	Melbourne	9661 1111	Amoena	NO	YES	YES <small>(with covered mirror)</small>	NO	Dorothy Elizabeth Fogg (8 years experience) Robyn Halgren (8 years experience) Pam Hooper (2 years experience) Lorraine Coles (8 years experience) Sophia Bennett (5 years experience)

RETAILERS

Southern Metro

Name	Address	Suburb	Phone	Brands in stock	Order other brands	Stock minimum of 3 sizes and 3 shapes	Special fitting room	Home visits	Fitters
OPC Health <i>By appointment</i>	151-159 Turner Street,	Port Melbourne	9681 9666	TruLife	NO	YES	YES	NO	Natalie Armstrong Sally Cartledge
Ce Soir <i>By appointment</i>	331 Bay Street	Brighton	9530 6626	Amoena	NO	NO	YES	YES	
Breast Care Centre <i>Services the Peninsula and Sthn Suburbs</i>	110 Bay Street	Brighton	9789 2700	Amoena Discrene Healthier TruLife	NO	YES	YES	YES	Anne Carter (40 years experience) <i>Has access to dressmaker who will alter bras to fit.</i>
Ce Soir	413 Glenhuntly Road	Elsternwick	9523 8465	Amoena	NO	YES	YES	YES	
David Jones <i>By appointment</i>	Chadstone Shopping Centre Dandenong Road	Chadstone	8531 4444	Amoena	NO	YES	YES	NO	Elisa Francis (3 years experience)
Breast Care Centre <i>Services the Peninsula and Sth Suburbs</i>	50 Chesterville Road	Cheltenham	9789 2700	Amoena Discrene Healthier TruLife	NO	YES	YES	YES	Anne Carter (40 years experience) <i>Has access to dressmaker who will alter bras to fit.</i>
Lavender Lace Lingerie <i>By appointment</i>	Unit 18, Vanity Court Arcade, 200 Thomas Street	Dandenong	9792 2734	Amoena Trulife ABC	YES	YES	YES	YES <small>Nursing homes or anywhere after hours</small>	Margaret Gunton (17 years experience)
Rosie's Lingerie <i>By appointment</i>	19A Pier Street	Dromana	5987 0688	Amoena Anita	YES	YES	YES <small>(with covered mirror)</small>	YES	Sue Allen (10 years experience) Ursula Kidd (15 years experience) Linda Greenberger (15 years experience)
Myer Frankston <i>By appointment</i>	38 Beach Street	Frankston	9781 6300	Amoena	NO	YES	YES	NO	Lorraine Frost (5 years experience) Meredith Jolly (7 years experience) Elizabeth Baker (8 years experience)
La Figure Lingerie <i>By appointment</i>	26 Eaton Street Mall	Oakleigh	9568 0996	Amoena	YES	YES	YES	YES	Kathy Kalodomis (10 years experience) Helen Vigona (10 years experience) Helen Mezzadra
Carmel Despotidis <i>(formerly known as Bra World) Home Fitting Service</i>	Please contact for details	Rowville	0417 509 848	Amoena TruLife	YES	YES	YES <small>(with covered mirror)</small>	YES <small>for elderly or house bound</small>	Carmel Despotidis (3 years experience)

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Breast Care Centre <i>Services the Peninsula and Sth Suburbs</i>	126 Tanti Avenue	Mornington	9789 2700	Amoena Discrene Healthier TruLife	NO	YES	YES	YES	Anne Carter <small>(Many experience)</small> <i>Has access to dressmaker who will alter bras to fit.</i>
Michelle-Ann Fashions <i>By appointment</i>	147 Main Street	Mornington	5975 3649	Amoena TruLife ABC	YES	YES	YES	YES	Rina Campbell <small>(6 years experience)</small> Helen McMillan <small>(1 years experience)</small> Rosemary Bywater <small>(6 years experience)</small> Michelle-Ann Mitchell <small>(6 years experience)</small> Lois Mitchell <small>(6 years experience)</small>
La Figure Lingerie <i>By appointment</i>	Fountain Gate Shopping Centre Princes Highway	Narre Warren	9796 0466	Amoena TruLife ABC	NO	YES	YES	YES	Trish

Western Metro

Name	Address	Suburb	Phone	Brands in stock	Order other brands	Stock minimum of 3 sizes and 3 shapes	Special fitting room <small>NB not all fitters have a covered mirror; however those that don't generally fit clients facing away from the mirror</small>	Home visits	Fitters
Pretty Essentials Boutique	43 Bakery Square	Melton	9743 2591	Amoena	NO	YES	NO	NO	Kate Swan <small>(2 years experience)</small>
Christy Dion (by appointment)	Shp3/ 78 O'Shanassy St	Sunbury	9740 7668	ABC	NO	YES	YES	YES <small>(if local)</small>	Maria and Effie <small>(6 months exp and both speak Greek)</small>
Specialty Fittings Corsetry Salon	111-113 Douglas Parade	Williamstown	9399 9774	TruLife Amoena	NO	YES	YES	NO	Suzanne Cuthbert and Gayle Sidwell
Sensational Solutions for Women (Mobile Service)	26 Fersfield Road	Gisborne	5428 4364/0417 119 748	Amoena	No	YES	YES	YES	Kerry Martin <small>(11 years exp)</small>

RETAILERS

Barwon/South West

Name	Address	Suburb	Phone	Brands in stock	Order other brands	Stock minimum of 3 sizes and 3 shapes	Special fitting room	Home visits	Fitters
Chez Ma Belle Lingerie <i>By appointment</i>	37 Yarra Street	Geelong	5229 3768	Amoena ABC Anita	YES	YES	YES <small>(with covered mirror)</small>	NO	Glenis Gurrie <small>(20 years experience)</small> Michelle McNelly Francella Rowlands Adrienne Kelly <small>(10 years experience)</small>
Myer Geelong <i>Prefer appointment</i>	Malop Street	Geelong	5227 6452	Amoena	NO	NO	YES <small>(with covered mirror)</small>	NO	Michelle Rau <small>(10 years experience)</small> Caroline Trotter <small>(3 years experience)</small>
Milana's Lingerie	125A Pakington Street	Geelong West	5229 1228	Amoena	YES	YES	NO	YES <small>(usually after hours when required)</small>	June Wilson <small>(12 years experience)</small> Jan Lavery <small>(2 years experience)</small>
Just Lovely	133 Murray Street	Colac	5232 2346	Amoena	NO	YES	YES <small>(with covered mirror)</small>	YES	Jennifer Harty <small>(6 years experience)</small>
Intimate Apparel <i>Prefer appointment</i>	66 Percy Street	Portland	5521 8028	Amoena	YES		YES <small>(with covered mirror)</small>	YES <small>(by arrangement)</small>	Pam Parsons <small>(8 years experience)</small>
Connections <i>Only available Tuesdays</i>	C/- South West Health Care 279 Koroit Street	Warrnambool	55644494 5564 4194	Amoena	NO	YES	YES <small>(with covered mirror)</small>	YES <small>(if client unable to come to us)</small>	Coral Roberts <small>(15 years experience)</small>

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Sensational Solutions for Women (Mobile Service)	26 Fersfield Road	Gisborne	5428 4364/0417 119 748	Amoena	No	YES	YES	YES	Kerry Martin (11 years exp)
Olive Ketels	Shop 15 Centrepoint Arcade Liebig Street	Warrnambool	5562 4635	Amoena	NO	YES	YES	YES	Sue Thretfall (7 years experience)

Gippsland

Name	Address	Suburb	Phone	Brands in stock	Order other brands	Stock minimum of 3 sizes and 3 shapes	Special fitting room <small>NB not all fitters have a covered mirror; however those that don't generally fit clients facing away from the mirror</small>	Home visits	Fitters
Aileen Doddrell's	44 Nicholson St	Bairnsdale	5152 3171	Amoena TruLife	YES	NO	NO	YES <small>on request</small>	Lorraine Anderson (6 months experience) Carolyn Corr (15 years experience) Lesley Reilly (15 years experience) Rhonda Reilly
Whispers Lingerie <i>By appointment</i>	93 Nicholson Street	Bairnsdale	5152 4411	Amoena	NO	YES	YES	NO	Lindy Kennedy (10+ years experience)
Merle's Mobile Breast Prosthesis Specialist	PO Box 330	Churchill	5122 1147 or 0411 095 879	Amoena Trulife	YES	YES	NO	YES <small>Specialises in fittings in people's homes</small>	Merle Hicks (20 years experience)
OPC Health	Korumburra Community Health Centre, c/ Korumburra Hospital, Bridge St	Korumburra	9681 9666	Trulife	NO	YES	YES	NO	Natalie Armstrong (appt only) twice a month
Shans Lingerie <i>By appointment</i>	26 Bair Street	Leongatha	5662 2454	Amoena	YES	YES	YES	YES if a suitable time can be arranged	Marlene Stockdale Shirleyann Wright (10+ years experience)
Pink Petals <i>By appointment</i>	2/85 Albert Street	Moe	5126 1934	Amoena	NO	NO	NO	YES <small>if required</small>	Joyce Disipio (16 years experience)
Brief Affair <i>By appointment</i>	229 Ramond Street	Sale	5143 2538	Amoena Anita TruLife	YES	YES	YES	YES <small>if client is unable to get to the shop</small>	Paula Skeels Jean McFarlane
OPC Health	Traralgon Consulting	Traralgon	5174 7299	Trulife	NO	YES	YES	NO	Sally Cartledge (appt only, visits)

RETAILERS

Name	Address	Suburb	Phone	Brands in stock	Order other brands	Stock minimum of 3 sizes and 3 shapes	Special fitting room	Home visits	Fitters
The Feminine Touch Boutique <i>By appointment</i>	99 Seymour Street	Traralgon	5176 1755	Amoena TruLife	YES	YES	NO	YES	Julie Stasinowsky (5+ years experience) Sue

Gippsland Continued

Name	Address	Suburb	Phone	Brands in stock	Order other brands	Stock minimum of 3 sizes and 3 shapes	Special fitting room	Home visits	Fitters
Undergear	Shop5 Victoria Street Plaza	Warragul	5623 5360	Amoena	YES	YES	YES	YES	Marian Von Drasek (8+ years experience)
OPC Health	West Gippsland Hospital (physio dept), Landsborough Street	Warragul	5623 0674	Trulife	NO	YES	YES	NO	Sally Cartledge (appt only, visits once a week)
OPC Health	Wonthaggi Hospital (rehab dept)	Wonthaggi	5671 3258	Trulife	NO	YES	YES	NO	Natalie Armstrong (appt only, visits once a month)
Julie Wade <i>By appointment</i>	137-139 Graham Street	Wonthaggi	5672 1485	Amoena	NO	NO	YES <small>(with covered mirror)</small>	YES <small>but only if absolutely necessary – after hours</small>	Joanne Mesch (8 years experience) Christine

Grampians

RETAILERS

Name	Address	Suburb	Phone	Brands in stock	Order other brands	Stock minimum of 3 sizes and 3 shapes	Special fitting room <small>NB not all fitters have a covered mirror; however those that don't generally fit clients facing away from the mirror</small>	Home visits	Fitters
Hidden Secrets <i>By appointment</i>	132 Barkly Street	Ararat	5352 3450	Amoena Trulife	NO	YES	YES <small>(with covered mirror)</small>	YES <small>when client is unable to get to the shop</small>	Jenny Hunter Joanne Vincent
Name	Address	Suburb	Phone	Brands in stock	Order other brands	Stock minimum of 3 sizes & 3 shapes	Special fitting room <small>NB not all fitters have a covered mirror; however those that don't generally fit clients facing away from the mirror</small>	Home visits	Fitters
The Lingerie Shop	54 Bridge Mall	Ballarat	5331 7561	Amoena Trulife	YES	YES	YES <small>(with covered mirror)</small>	NO	Jennifer Britten <small>(9 years experience)</small>
<i>By appointment</i>									
Madison Lane <i>By appointment</i>	32 Sturt Street	Ballarat	5334 4199	Amoena	YES	YES	NO	YES <small>makes home visits regularly</small>	Barbara Withers <small>(6 years experience)</small>
Cosa Bella Lingerie	86 Brown Street	Hamilton	5572 4994	Amoena	NO	YES	YES	YES <small>under special circumstances</small>	Sophie Blackney <small>(4 years experience)</small> Michelle Walker
<i>By appointment</i>									
Horsham Undercover Lingerie	33 Firebrace Street	Horsham	5381 1351	Amoena	NO	NO	YES	NO	Bernadette Lakin <small>(10 years experience)</small>
Sensational Solutions for Women (Mobile Service)	26 Fersfield Road	Gisborne	5428 4364/0417 119 748	Amoena	No	YES	YES	YES	Kerry Martin <small>(11 years exp)</small>

RETAILERS

Hume

Name	Address	Suburb	Phone	Brands in stock	Order other brands	Stock minimum of 3 sizes and 3 shapes	Special fitting room <small>NB not all fitters have a covered mirror; however those that don't generally fit clients facing away from the mirror</small>	Home visits	Fitters
Carters of Echuca	147 Hare Street	Echuca	5482 3400	ABC Trulife	YES	YES	YES	YES	Georgie Pearce Debbie Guy
Beautifully Yours	Mooroopna Activity and Education Centre, 23 Alexandra Street	Mooroopna	0438 388 617	ABC Amoena Trulife	YES	YES	-	YES	Sue Bussell (5 years experience)
Bowl Corset Salon <i>By appointment</i>	Star Bowl Arcade Shop 5 112 Fryers Street	Shepparton	5821 2222	Amoena Discrene	YES	YES	YES	NO	Robyn Treloar (6 years experience) Michelle Treloar
Name	Address	Suburb	Phone	Brands in stock	Order other brands	Stock minimum of 3 sizes and 3 shapes	Special fitting room <small>NB not all fitters have a covered mirror; however those that don't generally fit clients facing away from the mirror</small>	Home visits	Fitters
OPC Health	Benalla Consulting Suites	Benalla	5760 2242	Trulife	NO	YES	YES	NO	Natalie Armstrong (appt only, visits once a fortnight)
Beautifully Yours	Mobile Service for regional Victoria and Southern NSW	Yarrawonga	0438 388 617	ABC Amoena Trulife	YES	YES	-	YES	Sue Bussell (5 years experience)
OPC Health	Wangaratta Hospital	Wangaratta	5722 0388	Trulife	NO	YES	YES	NO	Natalie Armstrong (appt only, visits once a fortnight)
OPC Health	Wodonga Hospital	Wodonga	5722 0388	Trulife	NO	YES	YES	NO	Natalie Armstrong (appt only, visits once a fortnight)
Donna Bella Lingerie	83 Murphy Street	Wangaratta	5721 8333	Amoena	NO	YES	YES	NO	Monica McDonald (2 yrs exp)

RETAILERS

Loddon Mallee

Name	Address	Suburb	Phone	Brands in stock	Order other brands	Stock minimum of 3 sizes and 3 shapes	Special fitting room <small>NB not all fitters have a covered mirror; however those that don't generally fit clients facing away from the mirror</small>	Home visits	Fitters
Myer Bendigo <i>By appointment</i>	38 Pall Mall	Bendigo	5448 2211	Amoena	NO	YES	YES <small>(with covered mirror)</small>	NO	Alana Fitzpatrick Jan Wood
The Plaza Lady Salon	Fountain Court 6 Mitchell Street	Bendigo	5443 5660	Amoena	NO	YES	YES	NO	Shirley Fox <small>(8 years experience)</small> Leanne Heeps <small>(7 years experience)</small> Lorraine Topp <small>(6 years experience)</small> Angela Mansbridge <small>(8 years experience)</small> Ruth Cail <small>(15 years experience)</small>
Beautifully Yours	Loddon Mallee Women's Health 47 Myers Street	Bendigo	0438 617 388	ABC Amoena Trulife	YES	YES	-	YES	Sue Bussell <small>(5 years experience)</small>
Eileen Frock Salon <i>By appointment</i>	79 Nolan Street	Maryborough	5461 2031	Amoena	YES	NO	YES	YES	Margaret Lovett <small>(10 years experience)</small> Cherie McRae <small>(3 months experience)</small>
Alluring Lace Body Fashions	43 Pine Avenue	Mildura	5021 2052	Amoena Anita	YES	YES	YES <small>(with covered mirrors)</small>	YES	Dawn Cumming <small>(25 years experience)</small>
All About Me Undergear	38a Langtree Avenue	Mildura	5022 8725	ABC	NO	YES	YES	YES	Sharon Peart <small>(25 years experience)</small>
Finer Secrets Lingerie	244 Campbell St	Swan hill	5032 2900	Amoena Trulife	YES	YES	YES	YES	Ann Timmins <small>(6 years experience)</small>
Beautifully Yours	Mobile Service for regional Victoria and Southern NSW		0438 617 388	ABC Amoena Trulife	YES	YES	-	YES	Sue Bussell <small>(5 years experience)</small>
Sensational Solutions for Women (Mobile Service)	26 Fersfield Road	Gisborne	5428 4364/0417 119 748	Amoena	No	YES	YES	YES	Kerry Martin <small>(11 years exp)</small>

RETAILERS

CUSTOM MADE BREAST FORMS

It is possible to have breast forms custom made. These are significantly more expensive (in 2004, a custom made breast form cost \$2000) however they do have the advantage of a longer life. Custom-made breast forms are most suited to women who have had partial mastectomies.

Almost all women should be able to obtain a mass-produced breast form that suits them. Very few women find that the benefits of a custom-made breast form outweigh the financial costs.

There is currently only one maker of custom breast forms in Victoria. Michael Grieve is based at the Mercy Hospital, telephone (03) 9928 6999.

SWIMWEAR

Swimming is a popular leisure activity for Australian women of all ages and the range of swimwear available to them is extensive. Many women find their regular swimwear needs little or no adjustment, so it is advisable not to throw out existing swimwear. Women who have had surgery for breast cancer may think choices in swimwear will be limited, but in fact, this is not the case. A stylish range of suitable swimwear is available. Particular design features have been introduced to ensure that the concerns of women who have had surgery for breast cancer are addressed. For example, women who have had a mastectomy may lack confidence about wearing a prosthesis whilst swimming, fearing the prosthesis may fall out. Similarly, mothers who are required to be in the water to supervise young children need to feel bathers and prostheses fit securely as children may pull at straps or neckline.

In recent years swimwear designers have listened to the concerns of women and produced swimwear which includes the following:

- Higher cut of neckline and underarm to cover surgical scars
- Improved design of bra pocket to secure prostheses
- Special design features at back of swimsuit if front design is plain
- Swimwear designs erect current fashion styles and colours

Mastectomy swimwear is available for purchase all year at selected retail outlets. Please refer to the previous pages under the swimwear heading. The brand names are listed below:

Amoena, Anita, Atali, Da odil, Genevieve, Jantzen, Palazzi, Paradise Express, Sunseeker, Sunup.